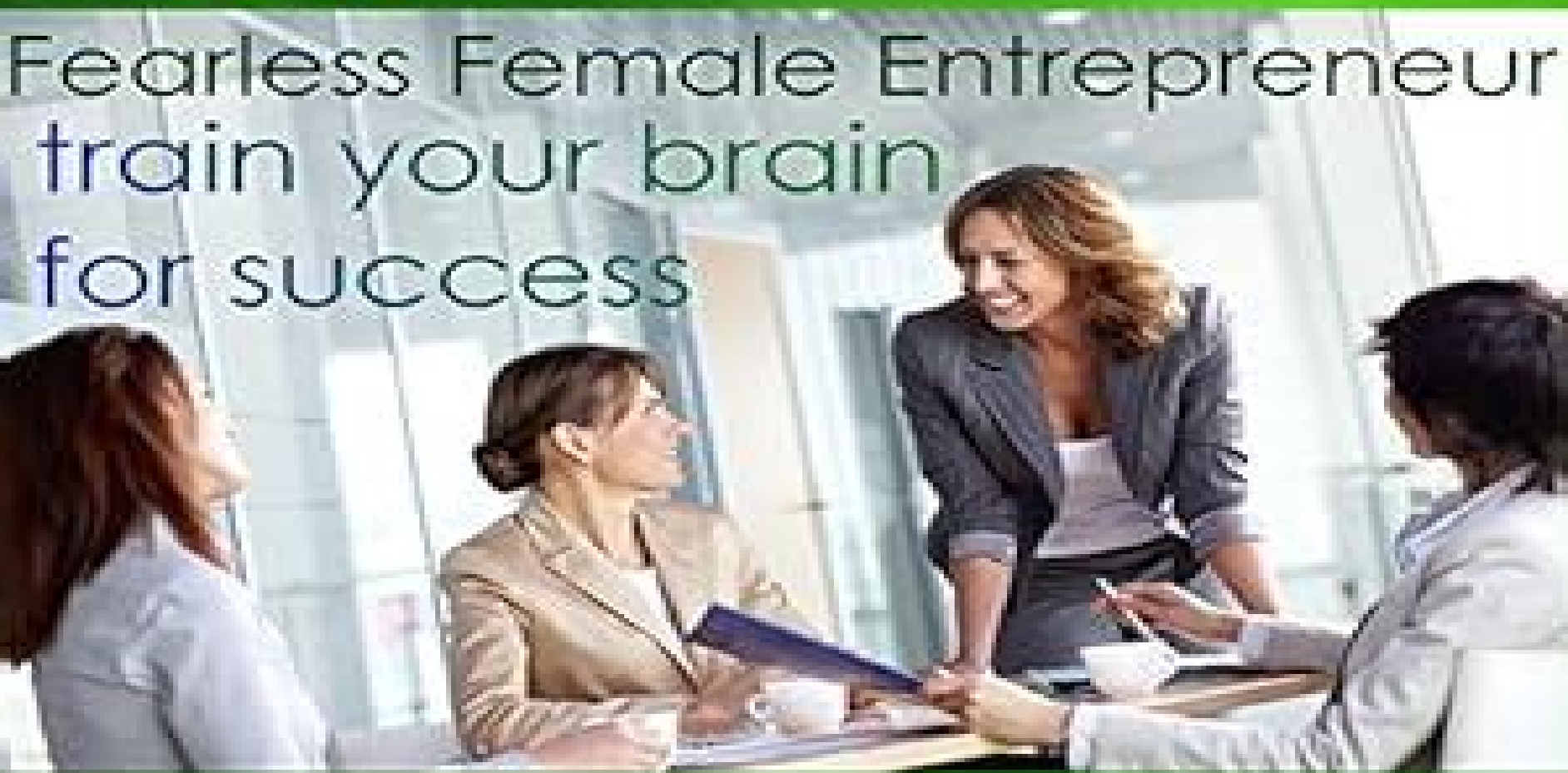




**MOTIVATIONAL**  
—HYPNOTHERAPY—

Fearless Female Entrepreneur  
train your brain  
for success



**Joel Thielke**

# Fearless Entrepreneur Self Hypnosis Meditation Affirmations

**Sebastian Brünink**



## **Fearless Entrepreneur Self Hypnosis Meditation Affirmations:**

### **Subject Guide to Books in Print ,1997      Monkey Mind Anxiety Cure Affirmations, Meditation & Hypnosis**

Drew McArthur,2019-12-24 Are you unable to be present in your life or ever enjoy anything because you feel stuck in a never ending cycle of anxiety fear and worry Here you are in what should be one of the best and happiest moments of your life You finally got that promotion and raise you met the love of your life or maybe your child is taking their first steps or you re on a boat tour on that vacation you ve been looking forward to for months But you can t even enjoy it because in the back of your mind all you can think about is how you re going to pay that bill this month how you ll perform at that presentation at work if you ll ever be able to hold on to true love or what you should have said or done in that argument and if that person will ever talk to you again Let s face it Anxiety is exhausting The monkey mind goes from worry to worry constantly unsettled If it s not worrying about one thing it s worrying about another but one thing remains constant it is always worrying This creates endless cycles of worry stress and anxiety that diminish the quality of our lives It s hard to think straight think clearly make necessary decisions perform well at work feel confident be present and happy in our personal lives or just enjoy life in general without a constant fear of what s next You deserve a happy and successful life And a happy and successful life is a life of mental peace and optimism that stems from knowing and believing that everything is okay right now and everything is going to be okay in the future And that begins and ends in the mind But you can t just accept the natural rhythm of your thoughts You have to shape and train your mind to think how you want it to think When we retrain our brains to know that we are capable of handling any situation that comes our way and to expect good things to happen to us we can finally free ourselves from the negativity of anxiety and living in constant fear and pessimism This book contains over 900 unique not repeated powerful positive affirmations to help you reprogram your mind to think positively and develop an optimistic mindset It will put your mind at ease in the following areas Finances Work Business Relationships Social anxiety Inadequacy not feeling good enough smart enough deserving enough or anything enough You can use this book in a multitude of ways Read through and speak aloud the affirmations Choose one of the affirmations to meditate on or use as a mantra in a meditation session Get the audiobook set to music for best results and the flexibility to use this as call and response affirmations a meditation background track or subliminal hypnosis while you sleep drive or conduct everyday tasks This is a perfect companion to any book about anxiety It s one thing to read about changing your mind but it s another thing to actually do it With this book you are actually taking steps to change your mind on a subconscious level that will eventually result in a changed mind on a conscious level Even if you ve always been this way for as long as you can remember are in a slump or currently feel trapped under the weight of your disempowering thoughts you can change your mind to ultimately change your life Affirmations are not just new age platitudes Their efficacy is rooted in neuroscientific principles that prove we can rewire our brains based on our thoughts Stop being plagued by endless feelings of anxiety Stop living under the

crushing weight of incessant stress and worry Take action now Scroll up and click buy now to get this book and the audiobook version today

## Unveiling the Power of Verbal Art: An Mental Sojourn through **Fearless Entrepreneur Self Hypnosis Meditation Affirmations**

In a global inundated with monitors and the cacophony of instantaneous conversation, the profound power and emotional resonance of verbal art frequently fade in to obscurity, eclipsed by the constant onslaught of noise and distractions. However, set within the musical pages of **Fearless Entrepreneur Self Hypnosis Meditation Affirmations**, a interesting work of literary brilliance that pulses with organic feelings, lies an unforgettable journey waiting to be embarked upon. Composed by a virtuoso wordsmith, that exciting opus manuals readers on a mental odyssey, softly revealing the latent possible and profound influence embedded within the intricate web of language. Within the heart-wrenching expanse of the evocative examination, we can embark upon an introspective exploration of the book is main subjects, dissect their charming publishing model, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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